



Menopause Made Beautiful

Rediscover your Glow with Rejuvenate

Menopause is a natural transition that can bring changes to your body and skin—but you don't have to face them alone. At Rejuvenate Medical Spa, we've created specialized treatments designed to help you embrace this stage of life with confidence, beauty, and grace.

*Feel Confident Through **Every** Change*

Discover how our specialized services can support you:

1. *Brighten Your Skin*
2. *Sculpt and Tone Your Body*
3. *Restore Youthful Volume*
4. *Protect / Treat Your Skin*
5. *Intimate Rejuvenation*



Rediscovering Me

My Journey Through Menopause



Here I am, partway through a journey I never expected to take. It started quietly—forgetting little things, restless nights, and a constant feeling of exhaustion. Eventually, waves of heat and mood swings took over, leaving me disconnected from myself and those I loved.

My relationships started to suffer, and I kept wondering if I was losing control. But then I realized: this wasn't just life catching up with me—this was **Menopause**.

That realization changed everything. What could have felt like the loss of myself became a story of choice and empowerment. With the support, treatments, and care I found at Rejuvenate Medical Spa, I learned to navigate these changes on my terms. Easing the symptoms was part of it, but more importantly, I rediscovered my confidence and sense of self.

This journey taught me that change isn't about losing who you are—it's about finding the courage to choose yourself again.



1. Brighten your Skin

Say goodbye to age spots and sun damage with **BBL (BroadBand Light Therapy)**, the gold standard for improving pigmentation and evening out your complexion.

2. Sculpt & Tone Your Body

Target stubborn areas like the stomach with **CoolSculpting**, a non-invasive treatment that freezes and eliminates fat pockets for a slimmer, contoured look.

For tighter, firmer skin on your face and body, try **Morpheus8 Skin Sculpting**, a revolutionary microneedling and radiofrequency treatment for lifting and tightening.



3. Restore Youthful Volume

Smooth wrinkles and restore lost volume with our trusted injectables:

- **Botox:** Relax fine lines for a refreshed appearance.
- **Dermal Fillers:** Add volume and contour to cheeks, lips, and more.



4. Protect/ Treat Your Skin

Healthy skin starts with **prevention** and **care**. Beyond daily sunscreen, nourish and protect your skin with our medical-grade products designed for long-term skin health.

5. Intimate Rejuvenation

Regain comfort and confidence with our **vaginal rejuvenation treatments**, expertly performed to help address dryness, discomfort, incontinence or aesthetic concerns.

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