



FRESH SEASON, FRESH YOU

Spring Forward with Confidence

A Seasonal Reset
Spring Clean your Look



Just like spring cleaning your closet—letting go of what no longer serves you and making space for a refreshed, more confident you—your body deserves the same treatment.

At Rejuvenate Medspa, **Dr. Elmaraghy**, a certified plastic surgeon and a pillar of the Waterloo community for 25 years, offers expert surgical enhancements to help you look and feel your best.

Whether it's refining your silhouette with a **tummy tuck**, enhancing your curves with **breast augmentation**, rejuvenating tired eyes with an **upper blepharoplasty**, or restoring comfort and confidence with **labiaplasty**, now is the perfect time for a spring reset. Step into the new season as the most confident you!

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Scroll to learn more about a seasonal reset:
Surgical Procedures and this Month's perfect pairings!

I've been looking in the mirror, thinking about this for a long time—wondering what it would feel like to finally make a change. Maybe it's time to stop thinking and start planning.



TUMMY TUCK *Surgical Procedure*

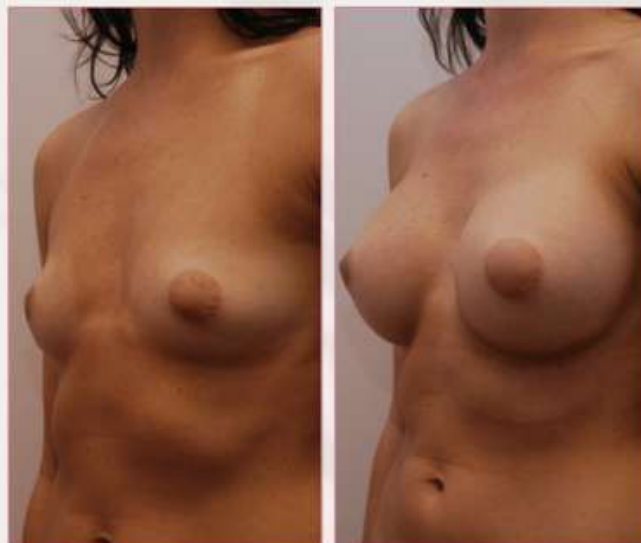
A **tummy tuck** is a transformative procedure that removes excess skin and tightens the abdominal muscles, creating a smoother, firmer contour. Ideal for those with **sagging skin** after weight loss or pregnancy, it's the perfect way to restore confidence and achieve a more toned, sculpted appearance.

LABIAPLASTY *Local Anesthetic*

Labiaplasty is a procedure that reshapes or reduces the labia for improved **comfort, appearance, and confidence**. Whether it's due to genetics, aging, or discomfort, labiaplasty enhances both **appearance** and **function**, making everyday activities, exercise, and intimacy more comfortable so you can feel your best.

BREAST AUGMENTATION *Surgical Procedure*

Breast augmentation is a popular procedure that enhances the size and shape of your breasts using implants. Whether you're looking for fuller, more **balanced curves** or want to **restore volume** after pregnancy or weight loss, breast augmentation can help you achieve the desired look and boost your confidence.



UPPER BLEPHAROPLASTY *Local Anesthetic*

Upper blepharoplasty refreshes tired, heavy eyelids by removing **excess skin** for a more youthful, awake appearance. This quick procedure enhances both **aesthetics and vision**, helping you look and feel rejuvenated.

Eve's Favourites

PERFECT PAIRINGS FOR WINTER REPAIR

1. TREATMENT:

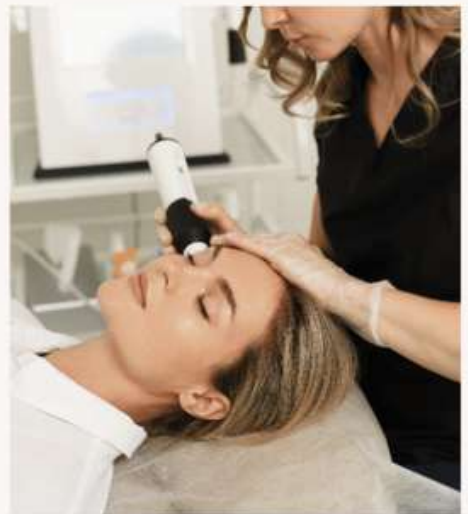
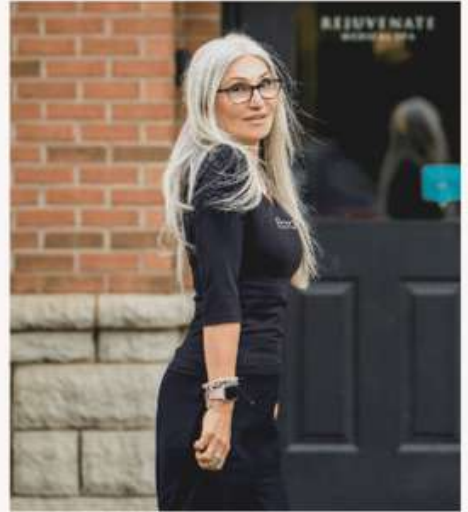
BBL(BROADBAND LIGHT)

Cold weather can leave your skin dry, dull, and lacking its usual glow. A **BBL (BroadBand Light)** treatment is the perfect way to revive your complexion by targeting **pigmentation, redness, and sun damage**, promoting a brighter, more even skin tone.

2. SKINCARE:

RESURFACE SKIN POLISH

For the ultimate refresh, exfoliation is key! The **Alastin Resurface Skin Polish** works on both the epidermis and dermis, gently buffing away dead skin cells and preparing your skin for **optimal BBL results**. This powerful combination reveals smoother, more radiant skin, making it the perfect winter-to-spring reset.



Stay Tuned for Next Months Favourites!

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