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REJUVENATE

MEDICAL SPA

September 27

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See back cover
for details

OBAGI

SKIN CARE WITH
SCIENCE NOT FLUFF!



TESTIMONIAL

**Lily's
Makeover**

*looking,
feeling
Rejuvenated*

Want to learn more?



Watch our videos
on Youtube

www.youtube.com/RejuvenateKW



*You're
invited*

One-day only
promo, not to
be missed.

OPEN HOUSE

UNBEATABLE
Filler
PRICES

**Laser skin
resurfacing**

Everything you
need to know...

- *depth*
- *downtime*
- *costs*



SpaSurgica



REJUVENATE
MEDICAL SPA

(519) 585-0854

www.SpaSurgica.com

135 ERB ST. EAST, WATERLOO, ON

(519) 745-9900

www.RejuvenateMedSpa.ca



3 questions for Dr. Elmaraghy

1 Why do you recommend a Rejuvalift to clients? I recommend a Rejuvalift – a combination of both Filler and Neuromodulators like Botox or Dysport – to my clients because it provides dramatic results with very little risk and downtime compared to a surgical approach of facial rejuvenation.

2 Who do you recommend a Rejuvalift to? I recommend a Rejuvalift to clients not based on someone's chronological age, but rather on the signs of descend, deflation, deterioration- or the 3Ds: Deflation refers to the progressive loss of volume in faces over time; Descent refers to the progressive sagging that occurs to the soft tissue of the face as we age; Deterioration refers to the aging changes that occur in the skin and affect texture and colour. The visible signs of skin deterioration include, "age spots" or changing pigmentation, wrinkling, laxity and loss of elasticity. When adding neuromodulators like Botox or Dysport, we can address dynamic wrinkles in upper third of the face to further enhance the results of filler.

3 What other procedures do you recommend after a Rejuvalift? I also like to recommend some form of laser skin resurfacing to help improve deteriorating skin texture. Our high-end cosmesceutical medical skincare, like Obagi, can also greatly improve the skin texture and return the shine and lustre of youthful skin.



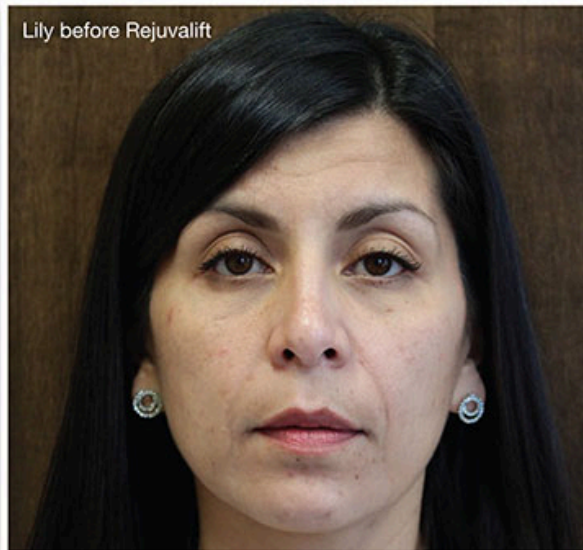
REJUVENATE
MEDICAL SPA

DR. M. W. ELMARAGHY, M.D., FRCS (C)
Plastic and Cosmetic Surgeon

REJUVALIFT TREATMENT PLAN

Client Name:	Lily
Forehead:	20 (botox equivalent) units of Dysport.
Glabella:	35 (botox equivalent) units of Dysport.
Crows feet:	20 (botox equivalent) units of Dysport.
Under eyes:	1/2 ml. of Restylane Finelines.
Cheeks:	1.5 ml. of Restylane Perlane.
Nasal labial folds:	2 ml. of Restylane.
Marionette:	1 ml. of Restylane.
Prejowel:	1 ml. of Restylane Perlane.

Lily before Rejuvalift



Watch our videos on Youtube
www.youtube.com/RejuvenateKW



TESTIMONIAL

Lily's Rejuvalift *My personal story*

The saying "life begins at forty" really resonated with me as I headed towards this milestone. Once there, I realized that I was at a crossroad. I felt like I came into my own and started questioning and contemplating my life. I started to make choices in which I didn't only think of my family, as per usual, but I started to think of myself and if those choices were what I really wanted. My life was for everyone else and that's ok as this was a conscious decision however; that choice didn't mean neglecting myself, but unfortunately I did. I concluded that I was aging nicely, however, I was concerned about the day that I look in the mirror and would see an old woman.

"Let's face it; we all want to look fantastic."

The awareness that I was half way to my 80's was frightful. I don't look 42 and I feel as young as I did in my twenties. Actually, I feel better than I did in my twenties and I'm healthier, eat better, sleep better, run 10k, practice yoga and meditate. I take care of my inside as well as my outside and have made it my number one guilt-free, priority. After my 'enlightenment' I chose to nourish and nurture me. Unfortunately no amount of exercise is going to reverse the damage that gravity has bestowed on my sagging skin. When I had taut and tight skin I didn't appreciate or even notice it. Now that the skin on my face is lax and the sagging is noticeable I'm starting to look older than I feel.

I've been given this amazing opportunity and gift to have a Rejuvalift: a combination of Restylane and Dysport. One may think that I'm being a hypocrite in even considering this avenue, however, the extent of my vanity is no different than any other woman (or man) out there. Judge me if you will but then you must judge every woman that chooses to colour her hair, apply makeup or lather herself in lotions.



Vanity is subjective. Let's face it; we all want to look fantastic, not just good, and why? Because it makes us feel fantastic. Therefore a woman that has just been to a salon applies make up and dawns jewellery will walk different and talk different. Her confidence will be amplified and she will feel like she can conquer the world.

When I was given the option to fill in the lines on my face that stand out when I look in the mirror and to decrease the wrinkles on my forehead whilst preventing new ones all within 30 minutes, my response was sign me up! However, that choice came with guilt. I questioned my decision to try the injections only to realize that the only thing stopping me was what others are going to think. Or more specifically what other women are going to think. So I go back to turning 40. The time when I decided that I was going to make decisions based on what is good for me first. I want to erase the slight deterioration on my face because I can and because I really want to. I want to prevent signs of aging. There is a place for both and finding the delicate balance between the two is my forte, thanks to being over forty. ✨

To finish Lily's Rejuvalift, she used Rejuvenate Medical Spa's exclusive makeup line to enhance her new look.



Laser Skin Resurfacing: Everything you need to know



Exceptional
Results

The effects of aging may have you asking, "Who is that person in the mirror?" At **Rejuvenate Medical Spa**, laser skin resurfacing can provide a variety of options to improve the visible signs of aging. Don't just take our word for it – see the results for yourself.....



SUPERFICIAL RESURFACING WITH MICROLASERPEEL®

A microlaser peel removes a very thin layer of skin to improve fine lines, pigmentation, tone and texture-restoring a more youthful appearance. Gently revitalizing the entire skin surface, a microlaser peel is performed at Rejuvenate Medical Spa.

RECOMMENDED FOR: Pigmentation • Fine Lines • Tone & Texture

EXPECTED DOWNTIME: 2 to 3 days



Post 1 Treatment



5 Months Post 1 Treatment



9 Months Post 2 Treatments

FREE consult at Rejuvenate Medical Spa to find out what Laser Skin Resurfacing can do for you!



FRACTIONAL RESURFACING WITH PROFRACTIONAL THERAPY™

Profractional therapy treats a fraction of the skin, stimulating new collagen growths and improving your skin's tone, texture, fine lines, and the appearance of scars. Performed at Rejuvenate Medical Spa. Profractional therapy requires little to moderate downtime.

RECOMMENDED FOR: Fine Lines & Wrinkles • Scars • Tone & Texture

EXPECTED DOWNTIME: 3 to 5 days



Post 3 Treatments



4 Weeks Post 1 Treatment



3 Months Post 2 Treatments

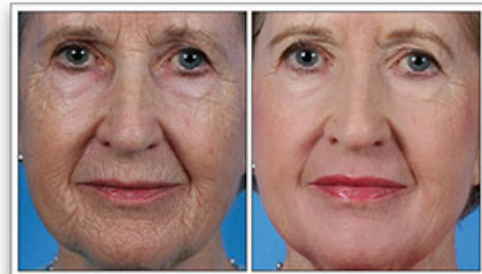


DEEP RESURFACING WITH CONTOUR TRL™

Contour TRL safely removes fine lines and deep wrinkles, including those around the lips and eyes. Contour TRL treatments are custom tailored by Dr. Elmaraghy to achieve your desired outcome and expectations for downtime. No other technology can turn back time as effectively as Contour TRL.

RECOMMENDED FOR: Deep Wrinkles • Scars • Pigmentation

EXPECTED DOWNTIME: 10 to 14 days



Post 1 Treatment



4 Weeks Post 1 Treatment



4 Months Post 1 Treatment

top selections

Medical Grade Skincare

Three great skincare systems from OBAGI

Gentle Cleanser

Gently removes makeup and everyday impurities for a clean, fresh complexion. \$47.00

Clear

Effective prescription-strength hydroquinone helps correct the appearance of age and sun spots for a healthier, more even complexion. \$114.00

Blender

A unique formula containing prescription-strength hydroquinone for the gradual lightening of sun spots, age spots, and other types of discoloration. \$109.00

Sun Shield

A sunscreen that combines UVB absorption and UVA protection in an elegant matte finish that is non-comedogenic, allergy tested, and dermatologist tested. Sheer, PABA-free, and fragrance-free for all skin types. \$60.00



Toner

Alcohol-free, non-drying toner helps adjust the pH of your skin to prepare it for penetration of other product ingredients. \$47.00

Exfoderm

A lightweight lotion that helps exfoliate the top layer of the skin, removing dull, old skin cells, while revealing new skin cells for a brighter complexion. \$79.00

Hydrate

A moisturizing cream to be used as needed to soothe areas of dry, flaky skin. \$48.00

Visit Rejuvenate online:



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www.rejuvenatemedspa.ca



Obagi-C[™] Rx skin health system

- Helps lighten, brighten and even skin tone
- Helps defend skin from the environment
- Helps prevent future sun damage

starter set

OBAGI-C[™] RX SYSTEM

C-Cleansing Gel
8 FL. OZ. (236 mL)

C-Exfoliating Day Lotion
7 FL. OZ. (201 mL)

C-Clarifying Serum
1.5 FL. OZ. (42 mL)

C-Therapy Night Cream
4 FL. OZ. (118 mL)

C-Sunguard SPF 30
3 FL. OZ. (88 mL)

Entire C-Kit \$395

C-Cleansing Gel
Clarifies and prepares your skin for absorption of the system's product ingredients, while also removing makeup and oil.

C-Exfoliating Day Lotion
A smooth, lightweight moisturizer that hydrates and gently exfoliates to reveal a brighter, healthier-looking complexion.

C-Clarifying Serum
Reduces the appearance of dark spots for a lighter, brighter complexion.

C-Sunguard SPF 30
Sunscreen that combines UVB absorption and UVA blockage for high sunscreen protection in a sheer formulation.

C-Therapy Night Cream
Gradually diminishes the appearance of dark spots and provides continuous coverage with Vitamins C and E while you sleep.

Daily Care Foaming Cleanser

A light, foaming acne cleanser with 2% salicylic acid. This effective cleanser unclogs pores and washes away dead skin cells, leaving skin feeling clean and refreshed. It also includes calming menthol to help cool and soothe irritated skin. \$41.00

Pore Therapy

Unclogs pores and clears away dead skin cells with 2% salicylic acid, helping to remove acne-causing bacteria at the source. While leaving a refreshed feel to the skin, Pore Therapy prepares the skin for the next step in the acne treatment regimen. \$41.00



Therapeutic Lotion

Lightweight acne treatment lotion with 5% BPO uniquely formulated to help clear acne. \$41.00

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September 27th
Mark your calendar!

Meet Dr. Elmaraghy for a free
consultation on cosmetic surgery.
Special financing plans available.
One-day only!

Join Us

Open House

Saturday September 27th, 2014
10:00 AM- 3:00 PM

Hosted by Plastic Surgeon
Dr. M. W. Elmaraghy



One-Day Only Promotions

Dysport (per botox equivalent unit) **\$8.50**

Laser Skin Resurfacing **25% off**

- Contour TRL™ (1 session) *now \$4500*
- Profractional Therapy (3 sessions) *now \$2500*
- MicroLaserPeel (3 sessions) *now \$1800*

All Obagi products **25% off**

Restylane Filler Promotion:

Reg. price, 1 ml **\$530**

- Buy 2 ml *now save 15%*
- Buy 4 ml *now save 25%*
- Buy 6 ml *now save 30%*
- Buy 8 ml *now save 40%*



135 Erb Street East, Waterloo
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Promotions are available for sale during open house **ONLY** and services are rendered at a later date. Cannot be combined with other offers, promotions or specials. Packages are for single client use only and cannot be split between individuals. Prices not inclusive of tax. Filler purchases must be used in a single appointment.

*Filler promotion includes 1ml syringes