

 *SpaSurgica*
 &

 **REJUVENATE**
 MEDICAL SPA

For Mom:
 Beauty + Relaxation

4 *Reasons to
 Book Your
 Free
 Consultation*

Blast your
 double chin
 without
 surgery !

**Tummy Tuck
 or Liposuction**

*The
 Non-Surgical
 Fountain of
 Youth!*

Try the best
 facial ever!

**Obagi:
 Moms'
 favourite
 product**

Spring Into A New Look!

 *SpaSurgica*
 &

 **REJUVENATE**
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Belkyra: the NON-SURGICAL way to blast that double chin!

What is Belkyra®?

Belkyra® is the first **non-surgical** injectable for reducing moderate to severe fat deposits under the chin. It is made of a substance that is naturally found in your body called deoxycholic acid. This naturally-occurring molecule aids in breaking down fat for permanent correction, further preventing the storage and accumulation of fat cells under the chin. Belkyra® is the first and only approved injectable treatment by both Health Canada and the US Food and Drug Administration (called Kybella in the US) to be used in adults for reducing **double chins**, also called "submental fat". Previously, only liposuction or surgery could be used to get rid of double chins. ✨

How does Belkyra® work?

Belkyra® is injected under your chin and causes the destruction of fat cells. Once destroyed, those cells cannot store fat, making results permanent. Our staff at **Rejuvenate Medical Spa** will customize your Belkyra® treatment plan, and will be able to determine how many treatments are needed to achieve your desired chin profile. Many clients experience visible results after two to four treatment sessions, each spaced no less than one month apart. During these 15 minute sessions, board-certified Plastic Surgeon, Dr. M. W. Elmaraghy, will administer Belkyra® beneath the chin through a series of injections. ✨

Is Belkyra® permanent?

Yes, the effects of Belkyra® are **permanent**. When injected, Belkyra® causes the destruction of fat cells; once destroyed, those cells can no longer store fat. There are **no maintenance** or upkeep treatments or additional injections needed. After the treatments, the results are permanent. ✨

What research is behind Belkyra®?

Belkyra® has been the focus of a global clinical development program involving over twenty clinical studies with more than 2,600 patients worldwide treated with Belkyra® and its American name, Kybella®. Belkyra® is a part of the Allergan family of products that include **Botox®** and **Juvéderm®**. At the current time, injections of Belkyra® to other areas of the body have not been researched nor approved. ✨



The Non-Surgical Fountain of Youth

A **Rejuvalift** is Rejuvenate Medical Spa's signature treatment combining neuromodulators, like Botox® or Dysport®, and fillers, like the Restylane® and Juvéderm® families of products in order to give our clients a more youthful look. All injections are exclusively administered by our plastic surgeon, Dr. M. W. Elmaraghy.

Where can I benefit from Botox vs. Filler?

As noted in the photo below, Botox® and Dysport® **stop dynamic wrinkles**, usually in the forehead, frown lines, and crow's feet around the eyes. Then we use Restylane® or Juvéderm® to **add volume and fullness** to the skin, add definition, and restore facial contours, whilst correcting fine lines, moderate-to-severe wrinkles, and folds. Filler may be used in the forehead, around the eyes, in the cheeks, as well as in and around the lips, jawline, and chin.



Can be used here...



Can be used here...

Smooth forehead creases and lines

Diminish frown lines

Diminish crow's feet wrinkles

Correct downturn at corner of mouth

Contour and lift eyebrows

Fill hollow temples

Smooth under eye hollows

Nose shaping

Lift & fill cheeks

Smooth nasal-labial folds

Plump lips

Fill marionette lines

Contour jawline/reduce joweling

Correct chin contour



Matte lipstick meets moisture. Our smooth and creamy formula, in the 'it' colours for spring are pretty petals.



Spring
New



Inspired by petal flowers, nail colours of Spring 2016 are all about colour and fun.



4 Reasons to Book Your Free Consultation Today:

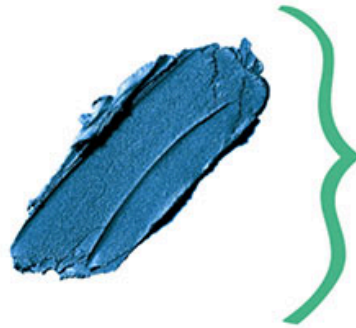
1. *Our skilled experts are attentive to hearing about your aesthetic goals.*

At Rejuvenate Medical Spa, we understand that there are a number of options available to achieve your aesthetic goals. We have the expertise to explain the benefits of a full range of treatments, services, and products, and can assist you in selecting the treatments that will benefit you most. We believe that it is important to help you make an informed decision regarding available treatments and what realistic results to expect.

2. *Our goal at Rejuvenate Medical Spa is to achieve natural-looking results.*

Aesthetic procedures such as the use of Botox® and Fillers are natural-looking, particularly when performed by medical experts. You can take comfort in knowing that you are in the best hands possible, as all of our injections; including Botox®, Restylane™, and Juvéderm™ products, are administered only by Plastic Surgeon, Dr. M. Elmaraghy. Our goal is to enhance your features to make you look noticeably rejuvenated and well-rested.

Into A Look!



Spring's shadow shades feature cornflower, cobalt to sky blue.



Our bronzer powders give a sheer and sun-filled glow. A perfect touch of sun for your spring look.



Our Rejuvenate mascara provides a clump-free, water resistant application formulated with Vitamin A, C, and E to keep your lashes supple and nourished.



3. *It is never too late to have aesthetic procedures and services performed.*

We tend to be very hard on ourselves when it comes to how we look and how we are aging. Your free consultation will begin with an honest and informed discussion about the array of treatment options, from laser skin rejuvenation to cosmeceutical skin products, that will help achieve your goals. We don't want our clients to feel rushed or pressured and encourage you to continue your research and education until you are ready to move forward with your individualized treatment plan.

4. *Consultations are of the utmost importance in receiving expert advice.*

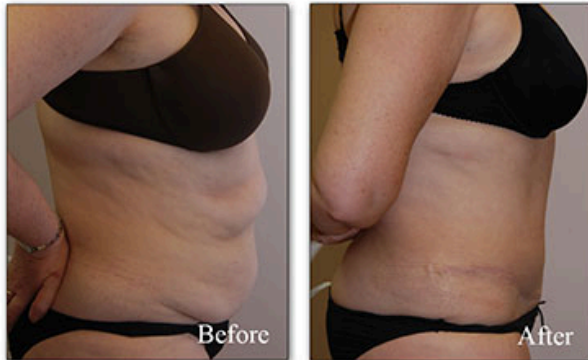
Our free consultations are a valuable process in determining your individualized treatment plan; we can help answer all of your questions, provide clarity, and establish expectations of downtime, investment, results, and maintenance. Our goal is to provide client education informed by the latest and cutting-edge research and studies in aesthetic medicine. Your treatment plan can be tailored to fit the timeframe that suits your comfort level and your unique lifestyle.

TUMMY TUCK VS. LIPOSUCTION: WHAT'S THE DIFFERENCE?



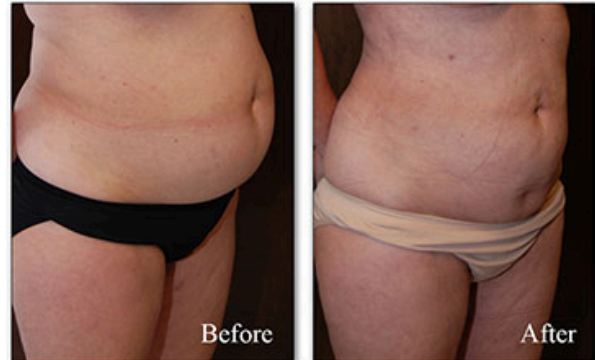
A tummy tuck, also known as an abdominoplasty, is a surgical procedure designed to flatten the abdomen by removing extra skin. This procedure is ideal for patients who have excess abdominal skin or looseness of the anterior abdominal wall muscles, typically occurring after pregnancies or significant change in weight.

Although several variations of abdominoplasty exist, most abdominoplasty surgeries will leave a scar on the lower abdomen, extending from hip to hip, and an additional scar around the belly button. Scars usually fade over time and are often concealed under the appropriate undergarments. A tummy tuck can tighten abdominal muscles and remove skin that may have unwanted stretch marks.



Liposuction is a procedure that can sculpt and remove concentrated areas of excess fat that are resistant to diet and exercise. Liposuction is most often used to treat the stomach, waist, hips, thighs, inner knees, chin, neck, male chest, and upper arms.

Unlike a tummy tuck, no skin is removed from the treated area and patients should have good skin elasticity in the areas to be treated. Ideal candidates are near their ideal body weight, but have an area of fat that is resistant to diet and exercise. Small incisions are made into the skin in order to draw out excess fat. The body naturally re-contours to its original shape after fat deposits are removed.



NON-SURGICAL FAT REMOVAL: IT'S HERE!

Spasurgica and Rejuvenate Medical Spa are pleased to introduce the newest innovation in fat-reduction technology. BTL Vanquish ME™ is an FDA-approved device that uses focused radio-frequency waves to heat and break down fat cells. The treatment will melt away stubborn fat cells with a comfortable, no-touch series of treatments.

What problem areas can BTL Vanquish ME™ treat?

BTL Vanquish ME™ breaks down fat in areas such as the abdomen, love handles, saddlebags, muffin top, and back fat. Thighs can also be treated with another applicator. Unlike other devices, BTL Vanquish ME™ can treat a large surface area uniformly and in a single, forty-five-minute treatment. After 4 treatments, each one week apart, BTL Vanquish ME™ clients can see inches lost in problem areas. And, the best part is, this method fat loss is permanent.

How do I find out if BTL Vanquish ME™ is right for me?

Simply make a *complimentary* consultation at Rejuvenate Medical Spa where our staff will discuss the benefits of a BTL Vanquish ME™ treatment and demonstrate how the latest technology in non-surgical fat removal is right for you.



This Mother's Day,

give the gift of beauty and relaxation...

How do you adequately capture your appreciation for the most important woman in your life?

Luckily, we have a wide range of great Mother's Day-gift ideas; services such as facials, manicures, pedicures, relaxation massages, and body scrubs; all perfect for accentuating mom's special day!

If you haven't yet decided on a present for your super-woman, a gift card from Rejuvenate Medical Spa can be a sure way of satisfying the needs of your lovely lady as it allows them to choose their own service and select from an array of spa products like jewellery, accessories, and skin care. These gifts are even perfect for those who would like to relay a message of appreciation to their wife, or to earn some "brownie points" with their mother-in-law. ✿



Mom's favourite product!



Obagi packages starting at \$395.00

Moms know what's good for you; that's why **Obagi** is our best-selling skin care product for mature skin. When you purchase a product from a medically-directed clinic such as Rejuvenate Medical Spa, it contains the most effective cosmetics available, that deliver **evidence-based** results. Rejuvenate Medical Spa has non-biased medical studies to back up the power of these topical antioxidant products. Feel confident in knowing that Obagi will help defend your skin against the visible effects of aging; such as wrinkles, brown spots, and uneven skin tones. We invite you to arrange a **free consultation** and even bring the current products you're using on your skin for advice on how to get premium skin quality with Obagi.



REJUVENATE

Signature Facial



What makes our facials so amazing that clients are rebooking before they leave?

As you relax in a cozy facial bed, your aesthetician will begin by analyzing your skin and asking questions in order to select which Biophora products will best suit your individual needs. Biophora, created in collaboration with plastic surgeons, anti-aging specialists, naturopathic doctors and veteran industry experts, is based on the latest skin care formulation technology to produce a state of the art product line. Your skin will glow in appreciation.

The antioxidant-rich cleansing process is delivered in two stages, ensuring all makeup and debris is removed from the skin. Toner with a blend of exfoliating acids will help decongest and brighten the skin, preparing it for the Enzyme Exfoliating Mask. This powerful yet gentle mask contains pineapple and papaya fruit enzymes along with gentle soft scrub particles that increase the exfoliation effects without risk of irritating the skin. While you relax under the facial steamer your aesthetician will treat you to a luxurious hand, lower arm, foot and lower leg massage using rich massage lotion triggering pressure points on the feet to ensure the highest state of relaxation is reached. A gentle hand and leg stretch will help loosen those tight joints and muscles.

While extractions can be uncomfortable and sometimes even painful, they are a necessary component of the facial to remove undesirable blockages. Once the extractions are complete, toner will be applied to ensure the pores are cleansed. The multivitamin freeze mask is packed with collagen, elastin and vitamins A, E, C, D3, K and B complex, which will refresh, refine, and soothe the skin, leaving it hydrated and nourished. While the mask is working its magic, your aesthetician will give you a blissful head massage, relieving any built up pressure. After the mask is removed, a weightless moisturizer is applied for hydration.

Perhaps the best part of the facial, our signature facial massage will send you into oblivion, relaxing further as your pressure points are gently triggered. If you wear contacts, you may want to leave them at home as your eyes will be lightly swept during the massage. Neck and shoulder tension will melt away as knuckles kneed and fingers stretch releasing all the stress lingering within. Depending on the time you visit us, sunscreen or night cream will be applied to complete your facial, followed by a complimentary makeup application if you so desire.

Be sure to watch the website for specials on our facials and take advantage of experiencing bliss while being kind to your wallet.



Visit us online to learn more about Rejuvenate Medical Spa



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