

SPASURGICA AND REJUVENATE MEDICAL SPA TOGETHER

by: Dr. M. W. Elmaraghy MD FRCSC



The motivation behind the idea of moving and expanding SpaSurgica to its new uptown Waterloo location was to be able to provide the Kitchener-Waterloo community with an integrated approach to meeting their aesthetic needs. Our new location at 135 Erb Street East, on the corner of Erb Street and Moore Avenue, houses SpaSurgica, Rejuvenate Medical Spa, and fully furnished executive suites for overnight guests of SpaSurgica and the professional community. This truly is a unique and holistic approach offering our clients a destination to have plastic surgery, minimally-invasive aesthetic procedures, laser treatments, spa services, and a private overnight

retreat environment all under one roof.

I founded SpaSurgica nearly 12 years ago near Belmont Village and have met thousands of patients and clients over the years who have come to discuss how plastic and reconstructive surgery can help address their personal concerns and needs. At our new uptown Waterloo location, we can discuss and provide clients with surgical options to address their needs and desires. Surgery, of course, requires consideration of the associated risks and yet can offer significant benefits to those who are good surgical candidates. Indeed, many of our clients have benefited and enjoyed the great results of their breast augmentation, nose surgery, facelift, tummy tuck, liposuction, and other cosmetic surgeries. We can now perform these services at SpaSurgica's new operative facility.

There are, however, many clients who do not need to have surgery and can take advantage of the great advances in medical technology and innovative non-surgical procedures to also achieve dramatic aesthetic improvements with minimal or no down time. Rejuvenate Medical Spa can offer an option to these clients and patrons. Medically directed by myself along with the support of a specialized team of nurses and medical aestheticians, we can offer our clients non-invasive and non-surgical options to meet their needs and accommodate their busy schedules. Photofacials using laser technology can dramatically change the texture of skin and over time produce collagen to provide clients with a rejuvenated and refreshed appearance. Lasers and intense pulse light can be used to treat discoloration, pigmentation, and uneven skin tone. Similarly, medical grade chemical peels can achieve dramatic results in addressing fine lines, skin laxity, and uneven skin texture. A dramatic development in the cosmetic industry has been increased use of both dermal fillers, like Restylane, and Botox, an agent used to relax dynamic wrinkles, to achieve a 'non-surgical face lift'. Rather than simply pulling the skin to achieve tightening, we are now injecting fillers to restore volume loss that has been created over the years in the natural aging process. These treatments can be very affordable, but the first step in addressing your aesthetic needs is to meet with our highly trained Rejuvenate Medical Spa staff who can tailor a package for you.

Both SpaSurgica and Rejuvenate Medical Spa clients are cared for by an integrated team of experts who can provide you with both surgical and non-surgical options in a relaxed environment. For those who want to add the retreat experience and stay in our overnight facilities, you can also book to stay in our fully furnished and modern apartments where you are cared for around the clock by our medical staff. We also want to pamper all of our clients and guests with superb manicures, pedicures, facials, massages and other spa treatments by our Rejuvenate Medical Spa aestheticians. Come and visit our new location and see KW's newest, comprehensive cosmetic facility.

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