

# Mother's Day Ideas

Being a Mother is one of the most rewarding jobs there is. Years of love and attention are rewarded with milestones and a fridge covered in school projects and the pride that comes with nurturing a happy, healthy family. Mother's Day is the day when Mothers can sit back and enjoy the accomplishments they helped to create. The question is, what do I get for her? A spa service is always a lovely treat. What could be more special and personal than sending Mom to the spa for some well-needed personal time on her special day?

It is difficult to know where to send the woman you adore. How do you know which spa is best for your needs and desires? At Rejuvenate Medical Spa, we pay attention to every detail and are committed to ensuring that the woman you love most enjoys an amazing day at the spa. We are medically directed by Dr. M.W. Elmaraghy, which ensures all treatments are performed in a safe, clean and relaxing environment.

Here are some great gift ideas you can give to your Mom this Mothers Day:

**Mommy and Me Day.** You and Mom can spend the day at the spa relaxing. At Rejuvenate Medical Spa, this can include taking her lunch or dinner together, watching a movie, whatever she would like to do! The point is to give her the gift of knowing that you love her and enjoy spending quality time with her.

**Facial.** Moms love to be pampered, and a facial is a wonderful and relaxing way to do it. At Rejuvenate Medical Spa, you can treat your mom to a facial by one of our experienced aestheticians, or you can give her a facial gift basket filled with personalized skin care products for her to enjoy at home at her leisure.

**Give Her a Massage.** Why not treat Mom to a relaxation or hot stone massage? Massage offers many benefits to the body, such as reducing stress and anxiety, improving circulation, relieving general body tension and muscle stiffness, promoting healthy skin and much more! Call to reserve your appointment today.

**Spa Gift Basket.** Mom will love a gift basket filled with an assortment of stress relieving goodies to pamper herself on Mothers Day, or just anytime she needs to relax. Some ideas of what you can include in her Spa Basket are scented bath gel, bath salts, body lotions, candles, eye pillow, bath pillow and bath brush. Our caring and qualified staff can help you customize the Spa Gift Basket that's just right for that wonderful woman in your life.

Give your Mom the very best this Mother's Day! At Rejuvenate Medical Spa, we want to help you show Mom just how much you appreciate everything about her and everything she's done for you over the years. This Mother's Day, why not give Mom the gift of spa?